1649.

Mercurius Annalis.

OR,

tion, ſerving for the yeare of our Lord God and Saviour Jeſus Chriſt, 1649.

Wherein is contained a double Kalender, *viz.* the Engliſh or *Julian* Accompt, and *Gregorian* and Forraigne Computation, with the Change of the Moon, her Full and Quarters: and other neceſſary obſervations, convenient to be noted.

the Elevation of the Pole Artick, and Meridian, of the ancient and famous City of *Norwich*, and may ſerve generally for the moſt part of great *BRITAINE.*

by JOHN NEVE, Gent.

Printed by for the Company of

The Contents of this double Kalender, for this year of our Lord God 1649. being the first after the Bissextile or Leap-yeare, according to the accompt and computation of the Church of *England*.

The Prime or Golden Number.		16
The Circle of the Sun.		6
The Epact.		26
The Roman Indiction.		2
The Dominicall Letter.		b
The space between Christmas and Shrovesunday is 5 weeks, and 6 day.		
Shrovesunday.	Febru.	4
Easter day	March	25
Ascension day.	May	3
Whitsunday.	May	13
Advent Sunday.	December	2
Between Trinity and Advent, are Sundayes		27
Between Easter and Ascention, are 5 weeks & 3 days.		
Between Whitsund. & Mids. is 6 weeks.		
Between Midsum. Barthol. is 8 weeks and 4 dayes.		
Between Barthol. & All-Saints, is 9 weeks & 5 dayes.		

The Forreigne Computation.

The Golden Number.		16
The Circle of the Sun.		6
The Epact.		16
The Roman Indiction.		2
The Dominicall Letter.		A
Shrove Sunday.	Febr.	14
Easter day.	April	4
Ascention day.	May	13
Whitsunday.	May	23
Advent Sunday.	Novem.	28
The space between Christmas and Shrovesunday, is seven weeks and two dayes.		

FRom the Creation of the World to this present	5598
From the Creation unto the Floud	1656
From the Floud to Christ	2336
From Moses to Christ	1514
Since the promised seed of Abraham	3596
Since the Israelites departed out of Ægypt	3146
Since the destruction of Troy	2831
Since Brute entered this Island	2756
Since the building of the Temple of Solomon	2656
Since the building of the City of Rome	2401
Since Alexander the great dyed	1973
Since Julius Cæsar slaine with bodkins	1698
Since the birth of our Saviour Christ	1649
Since Jerusalem destroyed by Titus Vespatian	1576
Since England first received the Christian faith	1468
Since the Danes entered England	630
Since the Conquest of England	583
Since the invention of Printing	189
Since King Henry 8 wonne Bulloyne	105
Since Ketts Rebellion at Norwich	100
Since the infectious sweating sickenesse	92
Since St Pauls Steeple fired	88
Since the great Plague at Newhaven	86
Since the Earles rebellion in the North	80
Since the blazing Starre, and frosty winter	77
Since the fiery Apparition in the Heavens	75
Since the deep Snow	69
Since the generall Earthquake in England	68
Since the Campe at Tilbury in Essex	60
Since the last Earthquake in England	47
Since the Powder Treason	44
Since the last blazing Starre	30
Since K. Charles returne from Spaine, Octob. 6	26
Since the last great Plague	24
Since the birth of Prince Charles, May 29.	19
Since the birth of the Duke of Yorke, Octob. 15	16
In the 27 of March begins the 25 of K Charles	25

thereof are governed by the twelve Cœlestiall Signes of the Zodiack.

♈ Aries, Head and face.

♉ Taurus, Necke and throat.

♋ Cancer, Breast, stomack, and ribs.

♍ Virgo, Bowels and Belly.

♏ Scorpio, Secret members

♑ Capricorn, The knees,

♊ Gemini, Armes and shoulders.

♌ Leo, Heart and back.

♎ Libra, Reines and Loynes.

♐ Sagitarius, The Thighes

♒ Aquarius, The Legges

♓ Pisces, The feet.

and Aspects.

♈ Aries, ♉ Taurus, ♊ Gemini, ♋ Cancer, ♌ Leo, ♍ Virgo, ♎ Libra, ♏ Scorpio, ♐ Sagitarius, ♑ Capricornus, ♒ Aquarius, ♓ Pisces, ♄ Saturne, ♃ Jupiter ♂ Mars, ☉ Sol, ♀ Venus, ☿ Mercury, ☾ Luna. ☌ Conjunction, ⚹ Sextile, □ Quartile, △ Trine, ☍ Oppositon, ☊ The head of the Dragon, ☋ The Taile of the Dragon.

If thou be ſick and help wouldſt have,
The counſell of the Learned crave:
If thou have health, to keepe thee ſo,
Flie idleneſſe as deadly foe.

1	a		Capric.	3	11	d	New moone the
2	b	Octa. of Ste.	Capric.	17	12	e	2 day, 24. min.
3	c	Octa. of Joh.	Aqua.	0	13	f	after 11 of the
4	d	Octa. of Inn.	Aqua.	13	14	g	clock at night.
5	e	Ed. Depoſ.	Aqua.	26	15	a	
6	f		Piſc.	9	16	b	
7		1 Sun. aft. Ep.	Piſc.	21	17		
8	a	Lucian.	Aries	1	18	d	
9	b	Martian vir.	Aries	15	19	e	
10	c		Aries	27	20	f	Firſt quarter the
11	d	Ignat. mar.	Taurus	9	21	g	10 day, 20 min.
12	e	Archadius	Taur.	21	22	a	after 8 of the
13	f	Hilary Bif.	Gem.	3	23	b	clock at night,
14		2 Sun. aft. Ep.	Gem.	15	24		
15	a	Maurice Ab.	Gem.	27	25	d	
16	b	Marcellus.	Can.	11	26	e	Full Moone the
17	c	Anth. De.	Cancer	24	27	f	18 day, 49. min.
18	d	Piſca virg.	Leo	8	28	g	after one of the
19	e	Wolſton Bi.	Leo	22	29	a	clock in the af-
20	f	Octa. Hill.	Vir.	6	30	b	ternoone.
21		3. Sun. aft. Ep.	Vir.	21	31		
22	a	Vincent mar.	Lib.	5	1	d	1649
23	b		Libra	19	2	e	
24	c	Timothy.	Scorp	4	3	f	
25	d	Conv. of Pa.	Scorp.	18	4	g	Laſt quarter the
26	e	Policar. M.	Sagitar.	2	5	a	25 day, 42 min.
27	f	Quind. Hill.	Sagitar.	15	6	b	after 8 of the
28		Carolus ma.	Sagitar.	29	7		clock in the mor-
29	a	Batild. Que	Capric.	12	8	d	ning.
30	b	Fran. of mar.	Capric.	26	9	e	
31	c	Saturnus.	Aqua	9	10	f	

Be choice of food in any wise,
To keepe thee warm also precise:
Beware no Surgeon let thee blood,
Except the learned thinke it good.

1	D	Brigget Vir	Aquar.	22	11	g	New moone the
2	e	Purif of Ma.	Pisces	4	12	a	1 day, 38 min. af-
3	f	Trast Purif.	Pisces	17	13	b	ter 2 of the clock
4	g	Shrovesunday	Pisces	29	14	c	in the afternoon
5	a	Agatha virg.	Aries	11	15	d	
6	b	Dorothy vir.	Aries	23	16	e	
7	c	Angule Bi.	Taurus	5	17	f	
8	d	Sol in Pisces.	Taurus	17	18	g	
9	e	Apollon Ma.	Taurus	29	19	a	First quarter the
10	f	Octab. purt.	Gemin.	11	20	b	9 day, 31 min. af
11	g	1 sun. in Lent	Gemin.	23	21	c	ter 5 of the clock
12	a	Terme ends	Cancer	5	22	d	at night.
13	b	Wolston Bi.	Cancer	18	23	e	
14	c	Valentine.	Leo	2	24	f	Matthias Apost.
15	d	Faust & Jovi.	Leo	16	25	g	Full moon the
16	e	Julian. virg.	Virg.	0	26	a	17 day 29 minu.
17	f	Constance vi	Virgo	15	27	b	att 1 of the clock
18	g	2 sun. in Len.	Libr.	0	28	c	in the morning
19	a	69 Martyrs.	Libra	15	1	d	March 1649.
20	b	Wilfrid vir.	Libra	29	2	e	
21	c	79 Martyrs.	Scorpio	14	3	f	
22	d	Cath. Pet.	Scorp.	28	4	g	
23	e	Seren Mar.	Sagitar.	12	5	a	Last quarter the
24	f	Matthias Apo	Sagitta.	26	6	b	23 day, 23 min.
25	g	3 sun. in Lent	Capric.	9	7	c	att. 5 of the clock
26	a	Victor. Ma.	Capric.	22	8	d	in the afternoon.
27	b	Leander bish.	Aquar.	5	9	e	
28	c	Roman Abb	Aquar.	18	10	f	

Now Bleed and Bathe if thou desire,
And Purge also, if need require:
Ill humours doe in many breed,
Provide in time before thou need.

1	d	David Bish	Pisces	1	11	g	
2	e	Chad Bish.	Pisces	12	12	a	
3	f	Maxim. Ma	Pisc.	25	13	b	New moone the
4		4 sun. in Lent.	Aries	8	14		3 day, 55 min.
5	a	Focas mar.	Aries	20	15	d	after six of the
6	b	Victor. Mar.	Taurus	1	16	e	clock in the mor-
7	c	Tho de Aqui.	Taurus	13	17	f	ning.
8	d	Apollon Ma.	Taurus	25	18	g	
9	e	40 Mart.	Gemin.	7	19	a	
10	f		Gem.	19	20	b	First quarter the
11		5 sun. in Lent.	Cancer	1	21		11 day, 43 min.
12	a	Gregory Bi.	Cancer	14	22	d	after 11 of the
13	b	Euphrag D.	Cancer	27	23	e	clock in the fore-
14	c	Zacha. Bish	Leo	10	24	f	noone.
15	d	Longine Ma.	Leo	24	25	g	
16	e	Patrick bish.	Virgo	8	26	a	
17	f	Geltrud vir.	Virgo	23	27	b	
18			Libra	8	28		Full moone the
19	a	Joseph mar.	Libra	24	29	d	18 day, about 11
20	b	Gilbert con.	Scorp.	9	30	e	of the clock in
21	c	Benedict. Ab	Scorp.	23	31	f	the forenoone.
22	d	Paul Bish.	Sagit.	8	1	g	April 1549.
23	e	Catsander.	Sagit.	22	2	a	
24	f	Theod. conf.	Capricor.	6	3	b	
25			Capric.	19	4		Last quarter the
26	a	Castor Ma.	Aquar.	2	5	d	25 day about 8 of
27	b		Aquar.	15	6	e	the clock in the
28	c	Dorath Mr	Aquar.	28	7	f	morning.
29	d	Eustatus ma.	Pisc.	10	8	g	
30	e	Guidon ma	Pisc.	21	9	a	
31	f	Adelme Bi.	Aries	4	10	b	

Now wholeſome Bathes thou mayeſt frequent,
Let blood alſo, and not repent:
Theſe be good meanes, thee to defend,
From griefes, the which on thee attend.

1			Arles	16	11		New Moone the
2	a	Mar. Egypt	Aries	28	12	d	1 day, 42 min.
3	b	Pancras ma.	Taur.	10	13	e	after 11 of the
4	c	Iſidore Bi.	Taur.	22	14	f	clock at night.
5	d	Vincent con.	Gem.	4	15	g	
6	e	Martian.	Gem.	16	16	a	
7	f	Alexan. mar.	Gem.	28	17	b	
8		2 Sun. aft. Ea.	Canc.	10	18		
9	a	Quind Paſch.	Canc.	23	19	d	
10	b		Leo	5	20	e	Firſt quarter the
11	c		Leo	19	21	f	10 day, 41 min.
12	d	Gregory.	Vir.	3	22	g	aſt. 1 of the clock
13	e	Julius.	Virgo	17	23	a	in the morning.
14	f	Oliſe.	Libra	2	24	b	
15		3 ſun. after Eaſt	Libra	17	25		
16	a	Tres Paſch.	Scorpio	2	26	d	Full moon the
17	b	Aniceti mar.	Scorpio	17	27	e	16 day, 18 min.
18	c	Valerius.	Sagit.	2	28	f	after ſeven of the
19	d	Crescent con.	Sagit.	17	29	g	clock at night.
20	e	Leo Biſh.	Capr.	1	30	a	
21	f	Simeon Bi.	Capric.	15	1	b	1649.
22		4 ſun. after Eaſt	Capric.	29	2		
23	a	Menſe Paſch.	Aquar.	12	3	d	Laſt quarter the
24	b	Wilfrid.	Aqua.	25	4	e	23 day, 10 min.
25	c		Piſces	7	5	f	aft. 2 of the clock
26	d	Marcel. mar.	Piſces	19	6	g	in the afternoon.
27	e	Anaſtat. B.	Aries	1	7	a	
28	f	Vitalis mar.	Aries	13	8	b	
29			Aries	25	9		
30	a	Quinq. Paſch.	Taur.	6	10	d	

Riſe early now this moneth of May,
And walke the fields that be ſo gay:
From ſurfetting ſee thou refraine,
For ſoone it will procure thy paine.

1	b		Taur.	19	11	e	New Moone the
2	c	Sigiſmonde.	Gem.	1	12	f	1 day about 4 of
3	d		Gem.	13	13	g	the clock in the
4	e	Craſt. Aſcen.	Gem.	25	14	a	afternoone.
5	f	Gothard.	Can.	7	15	b	
6		John ant. port.	Can.	9	16		
7	a		Leo	2	17	d	
8	b	Clement Bi.	Leo	15	18	e	
9	c	Hermes.	Leo	28	19	f	First quarter the
10	d	Gordian Bi.	Virg.	12	20	g	9 day, 53 min. af-
11	e		Virg.	26	21	a	ter 11 of the clock
12	f	Nereus Ach.	Libra	10	22	b	in the forenoone.
13			Libra	25	23		
14	a	Bonif: cema.	Scorp.	10	24	d	
15	b	Iſidore mar.	Scorp.	25	25	e	
16	c	Ubald Bish.	Sagit.	10	26	f	Full Moone the
17	d	Torped mar.	Sagit.	25	27	g	16 day, 52 min.
18	e	Felix mart.	Capric.	10	28	a	aft. 2 of the clock
19	f	Barnardine	Capr.	24	29	b	in the morning.
20			Aqua.		30		Eclipſed.
21	a	Craſt. Trin:	Aqua.	21	31	d	
22	b	Julian mar.	Piſc.		1	e	1649.
23	c	Deſiderius m.	Piſc.	16	2	f	Laſt quarter the
24	d	Servulus m.	Piſc.	28	3	g	23 day, 23 min.
25	e		Aries	10	4	a	aft 3 of the clock
26	f	Eluther mar.	Aries	21	5	b	in the morning.
27		1 Sun. aft. Tri.	Tau.	4	6		New Moone the
28	a	Octab. Trin.	Taur.	16	7	d	31 day, 10 min.
29	b	Maxim. Bi	Taur.	27	8	e	aft. 7 of the clock
30	c	Felix. Bish.	Gem.	9	9	f	in the morning.
31	d	Petronell.	Gem	22	10	g	

June hath xxx. dayes.

Drinke new or ſweet taſte not at all,
For thereby growes no danger ſmall:
And to thy ſelfe ſuch paſtime take,
As may in God thee merry make.

1	e	Nichomede	Cancer	4	11	a	
2	f	Marcelline	Cancer	16	12	b	
3	G	2 Sun.aft.Tri	Cancer	29	13	C	First quarter the
4	a	Quind. Trin.	Leo	12	14	d	7 day about 7 of
5	b	Boniface ma.	Leo	25	15	e	the clock at
6	c	Claudius	Virgo	9	16	f	night.
7	d	Paul Bish.	Virgo	22	17	g	
8	e	Medard Bi.	Libra	6	18	a	
9	f	Felician.	Lib.	20	19	b	Full moone the
10	G	3 ſun. aft. Tri.	Scorpio	5	20	C	14 day, 43 min.
11	a	[illegible]	Scorpio	19	21	d	after 10 of the
12	b	Baſilide.	Sagitar.	4	22	e	clock in the fore-
13	c	[illegible]	Sagita.	19	23	f	noone.
14	d	Heliæus Pr.	Capric.	3	24	g	[illegible]
15	e	Vite & Mod.	Capri.	18	25	a	
16	f	Tranſl. of Ri.	Aqu.	2	26	b	
17	G	4 ſun. aft. Tri.	Aquar.	16	27	C	Laſt quarter the
18	a	Marc. & Ma.	Aquar.	29	28	d	21 day, 27 min
19	b	Gervatius.	Piſc.	12	29	e	after 6 of the
20	c	Silveſter ma	Piſc.	24	30	f	clock at night.
21	d	Januar. Mr.	Aries	6	1	g	July 1619.
22	e	Alban	Aries	18	2	a	
23	f	Agrippus	Taur.	0	3	b	
24	G	[illegible]	Taur.	12	4	C	
25	a	Tran. of Ed.	Taur.	24	5	d	
26	b	Johns & Paul.	Gem.	6	6	e	New moone the
27	c	Crelcen mar.	Gem.	18	7	f	29 day, 33 min.
28	d	Leo Biſhop	Cancer	0	8	g	aft. 8 of the clock
29	e	[illegible]	Cancer	13	9	a	at night.
30	f	Com. of Paul	Cancer	26	10	b	

Perfume thy houſe with ſavours ſweet,
But ſuch as are for purpoſe meet:
Abroad as thou in ſtreets doſt goe,
Defend thy ſelfe from ſtinkes alſo.

1	G	6 ſun. aft. Tri.	Leo	9	11	G	
2	a	Mart of Wa.	Leo	22	12	d	
3	b	Gregorie Bi.	Virgo	5	13	e	
4	c	Antho Mar	Virgo	19	14	f	
5	d	Domit. mar.	Libr.	3	15	g	First quarter the
6	e	Octa of Pet.	Libra	17	16	a	7 day, 31 min.
7	f	Barthen Con	Scorpio	1	17	b	before one of the
8	G	7 ſun. aft. Tri.	Scorpio	15	18	c	clocke in the
9	a	Zenon mart.	Scorpio	29	19	d	morning.
10	b	Paternian B	Sagit.	13	20	e	
11	c	Ptus Mar.	Sagit.	28	21	f	Full moone the
12	d	Nabor & Fel.	Capricor.	12	22	g	13 day, 42 min.
13	e	☽ in ♑	Capricor.	26	23	a	after 7 of the
14	f	Bonaventure.	Aquar.	10	24	b	clocke at night.
15	G	Swithen.	Aquar.	24	25	c	James Apoſt
16	a	Olmond.	Piſces	7	26	d	
17	b	Kenelme.	Piſces	20	27	e	Laſt quarter the
18	c	Symphorian.	Aries	2	28	f	21 day, 24 min.
19	d	Dog da. begin.	Aries	14	29	g	after 11 of the
20	e	Margaret vi	Aries	26	30	a	clocke in the
21	f	Praxie vir	Taur.	8	31	b	forenoone.
22	G	9. ſun. aft. Tr.	Taurus	20	1	c	Auguſt 1649.
23	a	Apollin B.	Gem.	2	2	d	
24	b	Chriſtia. vir.	Gem.	14	3	e	
25	c	James Apoſt	Gem.	25	4	f	New moone the
26	d	Ann. Mo M	Can.	8	5	g	29 day, 8 min.
27	e	7 Sleepers	Cane.	21	6	a	after 8 of the
28	f	Hampſon.	Leo	4	7	b	clocke in the
29	G	10 ſun. aft Tr.	Leo	18	8	c	morning.
30	a	Abdon & Sen.	Virg.	1	9	d	
	b	German biſh	Virg.	15	10	e	

As burning heat will thee destroy,
So shivering cold will thee annoy:
Let little sleepe thee now content,
Purge not, nor bleed, lest thou repent.

1	c	Lammas day.	Virgo	29	11	f	First quarter the
2	d	Stephen M.	Libr.	13	12	g	5 day, 43 min. af-
3	e	Inv. of Ste.	Libra	27	13	a	ter 5 of the clock
4	f	Justine priest	Scorpio	12	14	b	in the morning.
5		11 sun af. Tri.	Scorpio	26	15		
6	a	Transfigur.	Sagit.	10	16	d	
7	b	Donatus Bi.	Sagit.	24	17	e	
8	c	Cirlacke.	Capric.	8	18	f	
9	d	Roman mart.	Capric.	21	19	g	
10	e	Lawre. Mar.	Aquar.	5	20	a	Full Moon the
11	f	Tibart.	Aqua.	19	21	b	12 day, 36 min.
12		12 Sun. aft. Tr.	Pisces	2	22		aft. 6 of the clock
13	a		Pisces	15	23	d	in the morning.
14	b	Eusebius.	Pisces	28	24	e	
15	c	Assum. of M.	Aries	10	25	f	
16	d	Roch Conf.	Aries	22	26	g	
17	e	Oct. of Law	Taur.	4	27	a	
18	f	Agapite M.	Taur.	16	28	b	Last quarter the
19		13 sun. aft. Tr.	Taur.	28	29		20 day, 46 min.
20	a	Bernard.	Gem.	10	30	d	aft. 5 of the clock
21	b	Anastatius.	Gem.	21	31	e	in the morning.
22	c	Timoth.	Cancer	4	1	f	1649.
23	d	Eleazer	Cancer	16	2	g	
24	e		Cancer	29	3	a	
25	f	Lewis King	Leo	12	4	b	
26		14 sun. aft. Tr.	Leo	26	5		New Moone the
27	a		Virgo	10	6	d	27 day, 22 min.
28	b	Augustin B.	Virgo	24	7	c	aft. 2 of the clock
29	c	Decol. of Joh.	Libra	9	8	f	at night.
30	d	Felix & Au.	Libra	23	9	g	
31	e	Cuthbert.	Scorp.	8	10	a	

Raw fruit though ripe, may ſickneſſe bring,
Unripe much eaten, a dangerous thing:
If now a Surfet thou doſt take,
When others ſleep, then thou muſt wake.

1	f	Egidius.	Scorp.	22	11	b	
2		15 ſun. aft. Tr.	Sagit.	7	12		
3	a	Euphe. & Te.	Sagit.	21	13	d	Firſt quarter the
4	b	Theodoſia.	Capric.	4	14	e	3 day, 46 min.
5	c	Venturin ma.	Capric.	18	15	f	after 11 of the
6	d	Regina mary	Aqua.	1	16	g	clock in the fore-
7	e	M. Eliz. Nat.	Aqua.	15	17	a	noone.
8	f	Nat. Mary.	Aqua.	28	18	b	
9		16 Sun af. Tri.	Piſc.	11	19		
10	a	Silvius.	Pisces	23	20	d	
11	b	Pyot. & Hya.	Aries	6	21	e	
12	c	Guydon.	Aries	18	22	f	Full moone the
13	d		Taur.	0	23	g	10 day, 40 min.
14	e	Exalt. Crucis	Taur.	12	24	a	after 7 of the
15	f	Nicodem M.	Taur.	24	25	b	clock at night.
16		17 Sund. af. Tr.	Gem.	6	26		
17	a	Lambert ma.	Gem.	18	27	d	Laſt quarter the
18	b	Nicozinus.	Canc.	0	28	e	18 day, 52 min.
19	c	Januar. mar	Taur.	12	29	f	after 11 of the
20	d	Euſtace M.	Canc.	24	30	g	clock at night.
21	e		Leo	7	1	a	1649.
22	f	Mauritius.	Leo	20	2	b	
23		18 Sun. af. Tr.	Virg.	4	3		
24	a	German Ab.	Virg.	18	4	d	
25	b	Cleophas. M	Libra	3	5	e	New moone the
26	c	Cipr. & Juſt.	Libra	18	6	f	26 day, about 4
27	d	Coſ. & Dam.	Scorpio	2	7	g	of the clocke in
28	e	Exuper con.	Scorpio	17	8	a	the morning.
29	f		Sagit.	2	9	b	
30		19 Sun aft. Tr.	Sagit.	17	10		

October hath xxxi. dayes.

Warme clothes must now provided bee,
Also warme meates be good for thee:
Have good regard thy feet be dry,
Thou shalt avoid much harme thereby.

1	a	Remigius.	Capric.	1	11	d	
2	b	Leodegar. B.	Capricor.	15	12	e	First quarter the
3	c	Candide Ma.	Capr.	28	13	f	2 day about 8 of
4	d	Francis Con	Aquar	12	14	g	the clock at night
5	e	K C.ret.fr.Sp	Aquar.	15	15	a	
6	f	Faith vit.	Pisces	8	16	b	
7	G	10 sun.aft.Tr.	Pisces	20	17	c	
8	a	Pelagius.	Aries	3	18	d	
9	b	Dionisius b.	Aries	15	19	e	
10	c	Cleobon. Bi.	Ari.	27	20	f	Full moone the
11	d	Firmin Bi.	Taurus	9	21	g	10 day about
12	e	Calixtus	Taurus	21	22	a	high-noon.
13	f	[illegible]	Gem.	2	23	b	
14	G	21 sun.aft.Tri.	Gem.	14	24	C	Last quarter the
15	a	Antioch Bi.	Gem.	26	25	d	18 day, 32. min.
16	b	Gallus Bi.	Cancer	8	26	e	at.4 of the clock
17	c	Florence Bi.	Cancer	20	27	f	in the afternoon.
18	d	Luke Evang.	Leo	3	28	g	Simon & Jude.
19	e	Pelagie Ma.	Leo	15	29	a	
20	f	Tres Micha	Leo	29	30	b	
21	G	22 Sun.af.Tr.	Virg.	12	31	C	
22	a	Micha. Bi.	Virgo	26	1	d	Novemb. 1649
23	b	Terme begin	Libra	11	2	e	
24	c	Salome	Libra	26	3	f	
25	d	Chrisant ma	Scorp.	11	4	g	
26	e	Evarist Ma	Scorp.	26	5	a	New Moon the
27	f	Mense Mich.	Sagit.	11	6	b	2 day, 52 min.
28	G	Simon & Jude	Sagit.	26	7	C	after one of the
29	a	Narcissus.	Capr.	10	8	d	clock in the after-
30	b	Isabella	Capr	2	9	e	noon.
31	c	Quintin	Aquar.	8	10	f	

November hath xxx. dayes.

If Rheumes doe now moleſt thy head,
It is not ill to ſweat in bed:
Feed on good meates, if ſtomacke ſerve,
Elſe ſeeke for that which doth preſerve.

1	d	All Saints	Aquar.	22	11	g	Firſt quarter the
2	e	All Soules	Piſces	5	12	a	1 day, 51 min. af-
3	f	Craſt Anim.	Piſces	17	13	b	ter 6 of the clock
4		24 ſun. at. Tr.	Aries	0	14	C	in the morning
5	a	Powder Trea	Aries	12	15	d	Full Moone the
6	b	Leonard con.	Aries	24	16	e	9. day, 48. min.
7	c	Wilbrode.	Taur.	6	17	f	after 6. of the
8	d	4. crowned.	Taurus	18	18	g	clock in the mor-
9	e	Theodore.	Gem.	0	19	a	ning.
10	f	Triphon. ma.	Gem.	11	20	b	Laſt quarter the
11		Martin biſh.	Gem.	23	21		17 day, about 7
12	a	Sol in Sagit.	Cancer	5	22	d	of the clocke in
13	b	Brice Biſh	Cancer	17	23	e	the morning.
14	c	John Con.	Cancer	29	24	f	New moone the
15	d	Felix Mart.	Leo	12	25	g	24 day 49 minut.
16	e	Euchar. biſh.	Leo	25	26	a	before one of the
17	f	Zacheus.	Virgo	8	27	b	clock in the mor-
18		26 ſun. aft. Tr.	Virgo	21	28		ning.
19	a	Oaab Mar.	Libr.	5	29	d	
20	b	Edmund Ki	Libr.	19	30	e	Andrew Apoſt
21	c	Preſ. of Mar.	Scorpio	4	1	f	Decemb. 1649.
22	d	Cecily virg.	Scorp.	19	2	g	
23	e	Clement Bi.	Sagit.	4	3	a	
24	f	Criſogon. M.	Sagit.	19	4	b	
25		27 ſun. aft. Tr.	Capricor.	4	5	C	
26	a	Quind. Mar.	Caprico	19	6	d	Firſt quarter the
27	b	Agricola.	Aquar.	3	7	e	30 day, 32 min
28	c	Terme [illegible]	Aquar.	17	8	f	after nine of the
29	d	Saturn Ma.	Piſces	1	9	g	clock at night.
30	e	Andrew Ap.	Piſces	14	10	a	

December hath xxxi. Dayes.

Now cold December is come in,
And poore Mans backe is clothed thin:
Feed and clothe them as ye may,
The Lord will it threeold repay.

1	f	Candid.	Pis.	27	11	b	Full Moone the
2	g	Advent Sund.	Aries	9	12	c	9 day, 21 min
3	a	Cassian ma.	Aries	21	13	d	after 2 of the
4	b	Barbara vir.	Taurus	3	14	e	clock in the mor-
5	c	Sabbe Abb.	Taurus	15	15	f	ning.
6	d	Nichol. con.	Taur.	26	16	g	Last quarter the
7	e	Ambros.	Gem.	8	17	a	16 day, about 7
8	f	Concep. Ma.	Gem.	20	18	b	of the clock at
9	g	2 Sun. in Adv.	Can.	2	19	c	night.
10	a	Pyonelus B.	Can.	14	20	d	New Moon the
11	b	Sol in Capri	Canc.	27	21	e	23 day, 9 min.
12	c	Melchiad.	Leo	9	22	f	after 11 of the
13	d	Lucian Mir.	Leo	25	23	g	clock in the fore-
14	e	Nicasius mar	Virgo	5	24	a	noon.
15	f	Valerian	Virgo	18	25	b	Christmas day
16	g	3 sun. in Adv.	Libra	1	26	c	St. Stephens
17	a	Lazarus.	Libra	15	27	d	John Evang.
18	b	Antonii. mar.	Libra	29	28	e	Innocents
19	c	Clement con.	Scor.	13	29	f	
20	d	Domitian	Scor.	28	30	g	
21	e		Sagit.	13	31	a	
22	f	Theodos. v.r.	Sagit.	28	1	b	1650.
23	g	4 sun. in Adv.	Capr.	12	2	c	
24	a	Gregory.	Capric.	27	3	d	
25	b		Aqua.	12	4	e	
26	c		Aque.	26	5	f	First quarter the
27	d		Pisces	9	6	g	30 day, about 4
28	e		Pisces	22	7	a	of the clock in
29	f	Thn. Becket	Aries	5	8	b	the afternoone.
30	g	Sabine mar.	Aries	17	9	c	
31	a	Silvester.	Aries	29	10	d	

NEVE. 1649.

A PROGNOSTICATION,

Serving for the yeare of our Lord God and Saviour JESUS CHRIST 1649.

Wherein you may obſerve the grounds of the alteration and condition of the foure Quarters of this yeare: As alſo the diſpoſition of the Aire, for each ſeverall Moneth, according to the inclination of the Cœleſtiall bodies, with the change of the Moone, her full, and Quarters, and the time of the Eclipſes, with other things fit to bee knowne and obſerved.

Calculated, and eſpecially referto the Longitude and Elevation of the Pole Artick, of the ancient and famous Citv of *Norwich*, and may generally ſerve for the whole Kingdome of *England*.

Collected, Compoſed and Publiſhed, By JOHN NEVE, Gent.

Printed at *London* by *W. Wilſon* for the Company of *Stationers*. 1649.

A Briefe and neceſſary Rule, for the beginning and ending of the foure Termes, with their Returnes.

Hilarie Terme begins Jan. 23. and endeth Febr. 12. and hath foure Returnes.

Octab. Hilar. Jan. 20.	Craſt. Purif. Feb. 3.
Quind. Hilar. Jan. 27.	Octab. Purif. Feb. 9.

Eaſter Terme begins 17. dayes after Eaſter, and ends the munday after Aſcention day, and hath five Retur.

Quind Paſch. Aprill. 9.	Quinq; Paſch. Aprill 30
Tres Paſch. April. 16.	Craſt. Aſcen. May 4.
Menſe Paſch. Aprill. 23	

Trinity Terme begins the friday after Trinity Sunday, and ends the wedneſday fortnight after, and hath foure returnes.

Craſt. Trin. May. 21.	Quind. Trin. June 4.
Octab. Trin. May 28.	Tres. Trin. June 11.

Michaelmas Terme begins 23. October and endeth 28. November and hath ſix Returnes.

Tres Mich. Octob. 20.	Craſt. Mart. Novem. 12.
Menſe Mich. Octob. 27.	Octab. Mart. Novem. 19.
Craſt. Anim. Novem. 3.	Quind. Mart. Novem. 26.

Note that the Exchequer openeth eight dates before any Terme begins, except Trinity Terme, in which it openeth onely foure dayes before.

On theſe dayes following, the Judges ſit not at Weſtminſter.

In { Hillarie / Eaſter / Trinity / Michael. } Terme, on { Candlemas / Aſcention / Midſummer / Alholland } Day.

Some briefe generall Rules for Husbandry and Gardening.

The best time to sow all kinde of Corne, is when the Moone goeth her course in Cancer.

The best time to plant and graft, is in the increase of the Moone thee being in Taurus, Virgo or Capricornus.

Remove and set young trees from October till February, in the first quarter of the Moone, thee being in Taurus or Capricornus.

Crop trees & fell wood to burne, that the stock may the better and sooner grow againe, when the Moone is in the first quarter.

Fell timber in December and Ian. in the old of the Moon is best: But if you would have it grow againe, cut it downe in the new of the Moone.

The best time to cut Vines is in the end of Ianuary, in February, and in the beginning of March, the Moone increasing in Taurus, Virgo, or Libra.

Cut hedges betweene the change and full, from the end of Ianuary, till the beginning of Iune.

Set and sow all kinde of seeds, the moone being in Aries, Taurus, Cancer, Virgo, Libra, Capricornus, Aquarius, or Pisces: But the seeds whose roots bee round, must be sowne three or foure daies before or after the full moone.

Gather all manner of fruits, neere the full Moone, in a dry time, gather flowers and seeds for store, at the full Moone.

Geld cattell, the moone being in Aries, Sagittarius, or Capricornus: Sheare sheep, cut hayre that it may the sooner grow againe: the Moone increasing, that is from the change to the full.

To mucke your land that weedes may not abound, is best in the last quarter of the Moone.

A fit time to kill fat Swine is in the increase, nigh

the full Moone, the lard the better will endure the boyling.

To destroy Wenns, Warts, and Cozneſs, &c. in the laſt quarter of the Moone.

Of the Eclipſes which ſhall happen this preſent yeare of our Lord God 1649. according to the moſt exquiſite obſervations of Tyco Brahe.

THe Eclipſes of the two great lights of the world, may be ſeene this yeare, viz. three of the Sunne, and two of the Moone: whereof one of the Sunne and both of the Moone, ſhall bee conſpicuous in this our Horizon, if the Ayre bee cleare. The other ſhall happen in places farre diſtant from us.

Of the firſt Eclipſe.

UPon the 16 of May, being Wedneſday, according to our computation, but in the reformed yeare, upon the 26 of May, there ſhall appeare in this our Horizon, a totall Eclipſe of the Moone, the beginning ſhall be 10 minuts before one of the clocke in the morning, the totall obſcuration, 8 min. before 2. of the clocke, and at 40 min. after 3 of the clocke ſhe will begin to recover her light, and at 41 min. after 4 of the clocke in the morning ſhe will bee wholly cleared of her obſcurity: the time of this totall Eclipſe, from the beginning to the middeſt thereof, uſually termed the time of incidency, will be one houre 55 min. 36 ſec. the whole continuance of the darkeneſſe from the beginning to the ending, ſhall bee three houres 51 min. The digits or degrees Eclipſed will be 20.47'.47".

Of the ſecond Eclipſe.

THe ſecond Eclipſe of the Sun ſhall be in the reformed account, upon the 10 of June, but after our computation, it will be apparant on the 31 of May, in the North parts of the earth, about Grocland, and in the Northerly Ilands, in the Longitude of 306 degr.

and

and in the 70 deg. of North Latitude, where the sun about that time of the yeare, neither riseth or setteth, but is alwaies seene about the Horizon, The degrees Eclipsed will be 4 and 33 min. The whole time of the continuance of this Eclipse shall bee about two houres, in the Longitude and Latitude before expressed.

Of the third Eclipse.

The bright Globe of the Sun shall suffer a partile Eclipse upon the 4 of November, in the Gregorian yeare, but according to our usuall computation it will visibly appeare unto us here in England, on the 25 of October being thursday, about 2 of the clock in the afternoone, the Luminaries being at that time conjuncted, not farre from Caput Draconis, in a signe of the Septentrion ll Triplicity, cold and moyst, &c.

The totall duration of this obscuration, will bee one houre and 56 min. the points or degrees Eclipsed shall be 5 and 42 min.

Of the fourth Eclipse.

The last and totall Eclipse of the Moone shall bee upon the 19 of November, in the new reformed stile, but in the old stile as we account, it may apparantly be seene on the 9 of November, 48 min. after 6 of the clocke in the morning, the Moone being neere Caput Draconis, in a signe of the Meridionall Triplicity, cold and dry. The Meridian of this Eclipe is distant from us towards the west 7 houres and 34 min. in 283 degrees of longitude, where it may also be observed, neere the Gulfe and City of Mexica, and in the unknowne Island neere the South Sea, and it shall be terminated in the Land of Magellan, towards the South Pole: the whole continuance of this obscurity, from the beginning to the ending will bee about foure houres. The points or degrees eclipsed shall be 20 and 31. min.

Of the Fifth Elipse.

UPon the 4. of December in the Lilian yeare, but with us in the Julian yeare, on the 24 of November, betweene 12. and one of the clocke in the morning shall happen a particle Eclipse of the Sun, under the Antartick Pole, about 70 degrees of south Latitude in the land of Magellan, at which tyme the two great lights of heaven, shall be conjuncted about the 12 degrees of Sagittarius, not far from Cauda Draconis, in a signe of the Orientall Triplicity, hot and dry, Masculine of the day, common, the House and Joy of Jupiter, and the detriment of Mercury. The time of this particle Eclipse from the beginning to the ending, shall be one houre and 30 min. the deg. eclipsed, will be 3 houres and 44 minutes.

The great coniunctions of great Starrs,
The Eclipse of Sun and Moone:
Doth threat great Dearth, great Death and warrs,
If we repent not Soone.
Now God above, and wrath above,
And Heaven above relent:
And man beneath, and sinne beneath,
And Earth beneath, Repent.

Briefe Rules and necessary Observations concerning Bleeding, Bathing, Purging, and sweating, according to the motions of the Moone.

For Bleeding.

When the weather is extream hot or cold, it is not then convenient, either to let blood or to purge, unlesse some great necessity do require it: yet notwithstanding, if this blood-letting be for the phrensie, the Apoplexie, for a continuall head-ach, proceeding of choller

choller or blood, or any hot-burning Fever, or other extream pain, a man in such a case may not stay for a chosen time, because the patiēt might miscary in the mean season: but in this aforesaid case of extremity, blood is not to be let in such a quantity, as otherwise it would, if a chosen time might conveniently be expected.

The best time to let the Phlegmatick blood is when the moon is in Aries or Sagitarius, the head and thighes excepted. For the Melancholy, the moon being in Libra or Aquarius the buttocks and legs excepted.

For the Cholerick, the moon being in Cancer, Scorpio, or Fises, the breast and feet excepted.

For the Sanguine, al be good which before is named.

In Spring time let blood at the right side.

In Harvest time let blood on the left side.

Of Bathing.

BAthings are commōly used rather for pleasure then for profit, specially where hot houses are overmuch haunted: but I intend not to speak of them otherwise then to advertise those that tender their owne health to be wary and circumspect, in resorting unto them, without cause, and immediately after or with such persons as be uncleane. Know, that it is not good to bath, the moon being in earthly signes, as in Taurus, Virgo, or Capricornus, the reason is, because they are of a cold nature, and the nature of cold is to restrain and bind: & so the moon being in these signes, the pores of the body are closed & shut: so that there can be no resolution of humours & superfluities which by bathing ought to be avoyded. But in fiery signes, as when the moon is in Aries, Leo, or Sagittarius, then it is a good time for bathing, for then the body is apt to resolution; for it is the nature of heat to open and resolve.

It is best bathing two or three dayes after the change, and at the full of the moone, for then the superfluities are ripe and ready to avoid, and disposed to flow and issue out, which indeed is the true end and use of bathing.

If any will enter into the Bath for cleanneſſe ſake let the moon be in Libra or Piſces.

Furthermore, if bathing be uſed for health, let the party grieved learne of the wiſe Phyſitian, whether his ſickneſs hath need of moyſtning as in Phthiſis, and ſuch like, then let him bath in watry ſignes, having good aſpects with Iupiter or Venus. But if the ſickneſs require drying, as in Paralyſis, and the like, then let him bath, the Moone being in fiery ſignes, having good aſpects with Mars and the Sunne.

Alſo before you enter into any bath, your body muſt be firſt prepared & purged, for if you go in unprepared peradventure you may be worſe than before.

The beſt time of the year to bath in is in the Spring, and Harveſt, and in the months of May and September.

The beſt time of the day to go into the bath is one houre after the ſun-riſing at the leaſt, always provided, that you walk either an houre, or halfe an houre before, and have a ſtoole either by nature or art: you muſt cover your head well ſo long as you be in the bath, and beware you drink not cold drinke, although you be very thirſty, but forbear all things that be cold, leſt when you are hot within, cold ſtrike ſuddenly into ſome principall member and hurt you.

The time of tarrying in the bath is commonly one houre, but it may be more or leſſe, according to the nature of the bath, or ſickneſs of the party, at the diſcretion of the wiſe Phyſitian.

For

For Purging

In purging these five things ought to be knowne.

1. The humour which aboundeth
2. The best way to avoyd it.
3. The strength of the person.
4. The manner of the sickness.
5. The force & nature of the medicine.

For when these things are not considered and observed, many perillous accidents may follow, & greatly hurt the body.

Goodlgnes for purging generally are Cancer, Scorpio, and Pisces, particularly with potions or drinks, the moon being in Scorpio.

Purge with Electuaries, the moon being in Cancer,

Purge with Pills the moon being in Pisces.

Take preparatives, the moon being in Gemini, Libra, or Aquarius.

Take vomits, the moon being in Aries, Cancer, or Capricornus.

Take Glisters, the moon being in Libra, or Scorpio

To provoke Neesings, the moon being in Cancer, Leo, or Libra.

To stop Fluxes, Rheumes, and Laxes, the moon being in Taurus, Virgo, or Capricorne.

God to comfort the vertue Attractive, the moon being in Aries, Leo, or Sagittarius.

God to comfort the vertue digestive, the moon being in Gemini, Libra, or Aquarius.

God to comfort the vertue Retentive, the moon being in Taurus, Virgo, or Capricornus.

God to comfort the vertue expulsive, the moon being in Cancer, Scorpio, or Pisces.

For using of Anguents or Plaisters, they are best to be applyed and used, when the moon is in that signe which governeth the same member or part of the body to which it is applyable.

For

For Sweatings.

Sweatings, as they are of two ſorts, that is to ſay Naturall and Artificiall, ſo they are uſed for two ends and purpoſes: the naturall ſweat, if good heed be taken in opening of the pores will diſſolve groſſe and thick humours, will cleanſe the blood, will comfort the ſpirits, will put away cold, will conſume raw humours, qualifie and quench raging Fevers, will help numneſſe and the drop ſie.

The Artificiall ſweat will cleanſe ſcabs, put away ſcch, amend dulneſſe in hearing, eaſe the ſtone, reſolve congealed and cold melancholy blood & humours.

But for the better performing and effectuall working in theſe cauſes, the counſell of the learned Phyſitian, is to be deſired and uſed.

The beſt and meeteſt ſignes to ſweat in, are Leo, Aries, and Sagittarius, and that two or three dayes after the change, and at the full of the moon.

And note that ſweating is better to be done in the evening than in the morning: for when the body hath nouriſhment within, the ſpirits ſhall not be drawne forth to the extreame parts.

Note further, that leane folks and dry or feeble perſons, muſt ſweat little for it will hurt them much: but fat folks may ſweat well and it will doe them much good.

A Briefe Deſcription of the foure Quarters of this yeare of our Lord God. 1649.

Of Winter.

WInter, (which is the chiefeſt foe for the Spring, the diſgrace of Summer, and the deep devourer of the fruitfull harveſt) began to take his effects according to our computation the 12. of December in the yeare afore-going, at the firſt entrance

of

of the Sun, into the firſt minute of Capricornus, at which time the Sun ſhall be at his greateſt ſouth declination, from the Equinoctiall line, ſo that he riſeth South-eaſt, and ſetteth South-weſt.

Now is the Hyemall or Winter Solſtice; for the ſun is ſo far removed from our Zenith, or vertical poynt, that he cannot decline any further, and ſtands at a ſtop or ſtay, and then is the ſhorteſt day and longeſt night in the year, and ſo this Quarter doth continue untill the tenth of March next following.

This ſeaſon is by nature cold and moyſt, unpleaſant for the moſt part to travellers, either by ſea or land, & unto aged perſons, it is very combrous & noyſom, cauſing ſuperfluity of rawneſſe, and abundance of cold moyſtneſſe to over-flow their bodies, to their great troubles and diſquietneſſe.

The diſeaſes incident to this quarter, will be many ſtrange Agues, ſuperfluous Crudities, undigeſted humours, quotidian Fevers, Gouts, windineſſe in the ſtomack, collicks, rheumes, tooth-ach, megrims, palſies, coughes, hoarſneſſe, conſumptions and obſtructions.

Thus will the ſtarres if God aſſent,
Whoſe power alone can all prevent.

Of the Spring.

The Sun (which is the eye of the world) the fountain of light, and the chiefe moderator of all the reſt of the lights,) hath like a Giant run his race, and finiſhed his revolution (Gradatim) throughout the 12. ſignes, and now this tenth of March beginneth his journey afreſh again, and goeth an even courſe, and ſo becomes an indifferent Arbiter between the day and night, and maketh an equality throughout his whole government, to the great joy and comfort of all his revived

vived subjects, cheering with his splendent countenance the poore weatherworn weeds of this our darkstar of mortality, (which the darkned countenance of winters extreamity, had almost subdued) with his excellent presence, whereat the earth begins to smile, and to put on her new apparell, the flourishing livery of fresh Flora.

This season is by nature hot & moyst, the most temperate time of the yeare, and the least breeder of sicknes that doth procure death; and a very convenient time for the removing of sicknes & griefs gotten before, and also to avoyd and prevent those that are to come: for now the dull senses & spirits of man & other creatures are quickned and revived, and therefore the humours which doe abound, and are readiest to oppresse nature, are fit to be emptied and avoyded, whether by bloud-letting, purging, or otherwise, as the learned Physitian shall advise, and as the cause of the disease shall require: such therefore as be diseased, let them not neglect this time.

The diseases likely to ensue this spring, are many doubtfull and unconstant fevers, squinancies, fluxes of bloud, yellowsandies, dropsies, tertaine feavers, ringwormes, itch, byles swellings, small poxes, and meazels, and such as proceede from corrupt bloud.

Infection from the starres may fall,
But one above doth stay them all.

Of Summer.

Summer the third part of our vulgar yeare, accoꝛding to our vſuall computatiõ: noẅ when the ſun hath fully determined the ſpꝛing ẅith his laſt Gꝛade of Gemeni and hath moved in his motion to the highẽſt poynt of his courſe, namly to the 1 degrꝛe of Cancer, ẅhich ſhal be this yeaꝛ the 11. of June. Noẅ is the ſecond Soliſtice of the yeaꝛ, called the Eſtiuall ex Summer Soliſtice; foꝛ euen as the ſun ẅhen he entreth Capꝛicoꝛnus, hath his greateſt ſouth declination from the Equinoctial line: ſo noẅ at his ingreſſe into the beginning of Cãcer, he hath his greateſt declination toẅard the noꝛth, frõ the ſaid Equinoctiall line; & euen then as at the time of winter Soliſtice, he ẅas ſo faꝛ remoued from our vertical point, that he could moue no fuꝛther toẅaꝛds the South, and ẅas theꝛfoꝛe to appꝛoach again toẅaꝛds our Noꝛth latitude, at ẅhich time he ſæmeth to ſtand: ſo noẅ being come ſo neaꝛ to our Zenith that he cãnot remoue no fuꝛther toẅaꝛds the noꝛth, and is theꝛfoꝛe to reuert again to the ſouth latitude. At the fiꝛſt going frõ us he ſæmeth alſo to ſtand, inſomuch that euen as befoꝛe at his ꝛeturn toẅaꝛd us again, he made ẅith us the ſhoꝛteſt day & longeſt night in the yeaꝛ: ſo noẅ at his ꝛeturn fꝛom us, he maketh ẅith us contꝛaꝛiẅiſe the longeſt day and ſhoꝛteſt night in the yeaꝛ: and afteꝛẅaꝛds decline th moꝛe and moꝛe fꝛom us, like as befoꝛe he moued moꝛe toẅaꝛds us. This ſeaſon accoꝛding to his pꝛoper nature is hot & dꝛy, tuꝛning the humouꝛs of mens bodies frõ coldnes & moiſture into hotnes & dꝛines, ꝛeſembling the element of fiꝛe & cõpletion of choller, bꝛinging al fꝛuits to theiꝛ ꝛipeneſſe, cattell to theiꝛ fatneſſe, and men to theiꝛ ẅealth.

The diſeaſes moſt pꝛedominate this quaꝛteꝛ, (accoꝛding to the judgment of Hypocꝛates, and otheꝛ leaꝛned Phyſitians) aꝛe hot buꝛning feveꝛs, Phꝛenzies,

zies, plurisies, inflamations of the liver, and other parts hot apostumes, heate of the Urin, and such like diseases as proceede of choller ick and sharpe humours.

Though starrs incline to worke us ill,
All shall be as the maker will.

Of Autumne.

AUtumn, according to our accustomed Computation, the last quarter of this yeare, beginneth at the Suns departure from the last scruple of Virgo, into the first degree of the second Equinoctial signe Libra, the which will be this year on the 13 day of September the day and night being of an equall length as in the spring: at which time is the Autumnal Equinoctial; for even as at the Suns entrance into Aries, the day encreasing from the winter Solstice, till then came to be equall with the night, going on still more and more til the summer Solstice, when was the longest day and shortest night: so now the night by increasing from the Estivall Solstice, to this the suns ingredience into Libra, hath got to be equal with the day, and shall encrease more & more, till the Brumall Solstice come again, when the night is longest, and the day shortest.

This time of the year is of it self unconstant & variable, warm in the day time, and cold in the night.

This quarter, because of the inequality of temperature, may, as Hypocrates saith, be called the Mother or Nurse of deadly sicknesses: And as Galen saith, that this time of the yeare is very dangerous for taking sicknesses.

The infirmities subject unto this Quarter, are Appoplexies, falling sickneste, hemerodes, obstructions in the liver, and spleene, consmptions, colliche

lickes, Gouts Quartaine Fevers, Coughes, Distillations from the head into the inferiour parts, with many other diseases of Melancoly.

Thus every Planet in his kind,
Is to performe the Almightie minde.

A Declaration of the inclination, disposition, of the winds and weather, according to the divers motions and influences of the erraticall and fixed starres: with the day, houre, and minute of the change of the Moone, her full, and quarters: And also the rising and setting of the Sunne, in every seventh day of every moneth of this present yeare of our Lord God. 1649.

Of January.

Day.	*The Sun riseth.*	*The Sun setteth.*
1.	houre. 8. and 3. min.	houre 3. and 57. min.
7.	houre. 7. and 56. min.	houre 4. and 4. min.
14.	houre. 7. and 46. min.	houre 4. and 14. min.
21.	houre. 7. and 34. min.	houre 4. and 26. min.
28.	houre. 7. and 23. min.	houre 4. and 37. min.

New Moone the 2. day 24. min. after 11. at night, cold cloudy weather.

First quarter the 10. day 20 min. after 8 of the clock at night, frosty and cold.

Full Moone the 18. day 49. min. after 1 in the afternoone, windy and frosty.

Last quarter the 25 day 42 after 8. of the clocke in the morning, inclined to moysture.

Januaries Abstract.

In this moneth let not bleud, neither use but little Physick, except great necessity constaines thee, and beware of taking cold, for in this moneth Rheumes, & Flegme doe much increase: to fast long is hurtfull, but to drink white-wine fasting is good & wholsome, use meates that are naturally hot moderately, and weare warme cloathes.

In

In worldly business, this moneth you may set all kind of common fruit trees, or Plants, as Peares, Plum, Cherrie, Filbert, Wallnut, and such like; Hawthorne, and all sorts of Quick-sets, or plants are fittest to be generally set from the change to the first quarter,

Take away mosse and superfluous branches from your trees: and this moneth is good to set Beans, Pease, Parsenips, Radish, Leeks, Garlick, Turnips, and Onions, if the weather be mild, and the moone past the full: you may begin to graft at the end of this moneth, so as the moon be increasing in her light.

Good Husbands also this moneth crop their trees, fell Timber, and geld cattell, such as are to be gelded, the state of the moon alwayes considered.

Of February:

Day.	The Sun riseth.	The Sun setteth.
1.	houre 7. and 13. min.	houre 4. and 47. min.
7.	houre 7. and 4. min.	houre 4. and 56. min.
14.	houre 6. and 50. min.	houre 5. and 10. min.
21.	houre 6. and 34. min.	houre 5. and 26. min.
28.	houre 6. and 22. min.	houre 5. and 38. min.

New Moone the 1. day 38. min. after 2 of the clock in the afternoone some fall of moysture.

First quarter the 9. day 31 min. after 5. of the clock at night, wind and stormes to be expected.

Full moone the 17. day about 29. min. after 1. of the clock in the morning, winterly weather.

Last quarter the 23. day 23. min. after 5 of the clock in the afternoone, frosty and cold.

Februaries Abstract.

IN this moneth all slimy fish, milk, and rice, and such like, that do oppilate and stop the Liver and veines, or thicken the blood, are to be eschewed as enemies to health, and also yet forbeare Physick, and letting of blood, except necessity do urge, & learned councell doe advise you: beware now of taking cold, for now are

Agues

Agues apt to be taken, & it is very ill to take heats and afterward sudden cold upon them.

Now is the most apt time to graft or plant, and to set all kind of trees and bushes, the wind & weather and age of the moon considered, Pease, Beans, Hastings, Onyons, Parsnips, and such like, as in Ian. may very fitly be set in the wane of the moon.

The time is now to trim up Gardens, to set & sow all kind of Kitchin hearbs, to set slips, sow kernels, [illegible]ard-seeds, oats, set hops, cut vines and proyn [illegible] stick up your rouncivall Pease and Hastings.

Of March.

Day.	The Sun riseth.	The Sun setteth.
1.	houre 6. and 20. min.	houre 5. and 40. min.
7.	houre 6. and 8. min.	houre 5. and 52. min.
14.	houre 5. and 4. min.	houre 6. and 56. min.
21.	houre 5. and 40. min.	houre 6. and 20. min.
28.	houre 5. and 16. min.	houre 6. and 44. min.

New moon the 3 day 55. min. after 6. of the clock in the morning, some overcasting clouds for moysture.

First quarter the 11. day 43 min. after 11 of the clock in the forenoone, some rainie showers.

Full moore the 18 day about 11 of the clocke in the forenoone, fitting the season.

Last quarter the 25. day about 3. of the clock in the morning, windy and cloudy.

Marches Abstract.

IN this moneth the humours of mans body begin to encrease, & now grossefeeding breedeth grosse blood, & grosse humors, & therfore use meats of good digestion, & such as breed good iuyce: it is good time to purge & clarifie the blood by potions, bathings, and bleudletting, or such other ways as the learned Physitian shal apoynt, & as the cause of the disease shall require: also sweetmeats and drinks are commendable.

The time of grafting as yet endureth, together with setting, sowing, proyning, plashing of vines,

 and

and Hops, willow, oates, peaſe, onyons, perſnips, and ſuch like.

Of Aprill.

Day.	The Sun riſeth.	The Sun ſetteth.
1.	houre 5. and 18 min.	houre 6. and 42. min.
7.	houre 5. and 6. min.	houre 6. and 54. min.
14.	houre 4. and 54. min.	houre 7. and 6. min.
21.	houre 4. and 39. min.	houre 7. and 21. min.
28.	houre 4. and 29. min.	houre 7. and 31. min.

New moone the 1. day 42. min. after 11 of the clocke at night, fitting the ſeaſon.

Firſt quarter the 10 day 41 min. after 1 of the clock [illegible] morning, indifferent faire.

Full moone the 16 day 18 min. after 7 of the clocke at night reaſonable moyſt weather.

Laſt quarter the 23 day 10. min. after 2. of the clock in the afternoone, ſome froſt.

Aprill Abſtract.

IN this moneth of Aprill, the poores of mans body are opened, and apt to receive Phyſick, and they that refuſe the ſame, I commit them to the benefit of nature, for of all times of the yeare, this is the beſt time to prevent cauſes of ſicknes, or for ſpeedy remedy in extremities, for now nature doth renew ſtrength through all the body: ſo where ſicknes hapneth ſhe ſoone unburdneth by means of Phyſick, wherefore what it cannot doe now, will hardly be done hereafter, therefore take time while time is, &c.

As yet you may graft and proyne vines, and alſo ſet melons, citrons, cowcumbers, artichoakes, and pole-hops, ſow barly, Tanners apply themſelves to barking of trees.

Of May.

Day.	The Sun riſeth.	The Sun ſetteth.
1.	houre. 4. and 23. min.	houre 7. and 37. min.
7.	houre. 4. and 15. min.	houre 7. and 45. min.
14.	houre 4. and 5. min.	houre 7. and 55. min.
21.	houre 3. and 56. min.	houre 8. and 4. min.
28.	houre 3. and 50. min.	houre 8. and 10. min.

New Moon the 1. day, about 4. of the clock in the afternoone, reaſonable fayre weather.

Firſt quarter the 9 day. 53 mien. after 11. of the clocke in the afternoone, fitting the ſeaſon.

Full

Full Moone the 16. day, 52. min. after 2. of the clock in the morning, ſtormy and unconſtant.

Laſt quarter the 23. day, 23 min. after 3 of the clock in the morning, inclined to moyſture.

New Moone the 31. day, 10. min. after 7. of the clocke in the morning, windy and unconſtant.

Mayes Abſtract.

IN this moneth riſe early, for May doth not love any ſluggards, and let ſuch as bee in health and able walke into the fields, and eate and diſhke betimes for it is good and holeſome, abſtaine from all meates that be of a hot nature: and ſuch as be ſick, it is a very good time of the yeare to let blood, or to take Phyſick: ſuch as bee whole, God keepe them in health, and ſuch as bee ſick, God ſend them good Phyſitians and Phyſick.

The time is now fitting to ſow Bazill, Marjerom and ſuch fine ſeedes as before might not be ſowne, becauſe of the coldneſſe of the weather. Set Sage according to the proverbe, ſet ſage in May and it will laſt alway, ſow flax and hemp, ſet Artichokes, weede your Hoys, and Gardens, ſee to your grafts that no ſuperfluous branches trouble them. May dew, Roſemary flowers, and beane flowers, may at your pleaſure be diſtilled this moneth, and now alſo have a care of watching your bees.

Of June.

Day.	*The Sun riſeth.*	*The Sun ſetteth.*
1.	houre 3. and 49 min.	houre 8. and 11. min.
7.	houre 3. and 46 min.	houre 8. and 14. min.
14.	houre 3. and 47 min.	houre 8. and 13. min.
21.	houre 3. and 49 min.	houre 8. and 11. min.
28.	houre 3. and 52 min.	houre 8. and 8. min.

Firſt quarter the 7. day, about 7. of the clocke at night, fitting the ſeaſon.

Full moone the 14. day, 43. min. after 10 of the clocke in the forenoone, cloudy weather.

Laſt quarter the 21. day, 17. min. after 6 of the clock at night overcaſtiug clouds for moyſture.

New moon the 29. day 33 min. after 8. of the clock at night, ſome heate drops.

Junes Abſtract.

In this moneth, if thou muſt needs uſe Phyſick take it early in the morning, that it may have wrought before the heate of the day, and uſe a light and thin diet, for the ſtomack is not able to digeſt as in winter, or in ſome of the former moneths, and it is very good and convenient for ſome to drinke clarified whay, boyled with cold hearbs, and to abſtaine from violent exerciſe.

Diſtilling of roſes, making of ſyrups and conſerves, are now in prime, now gather ſuch herbs as you meane to keepe all the yeare, but be ſure you dry them in the ſhade: Good husbands and huſwives are now weeding their corne and gardens, & others ſhearing their ſheepe, the time ſerves to ſet roſemary, & gillyflowers, take heede of cutting hedge or trees or herbs with knife, but rather gather them with your fingers, now you may ſet ſaffron, carry out compoſt, make hay, rid gardens of snayles, ants, or pismires, &c.

Of July.

Day.	The Sun riſeth.	The Sun ſetteth.
1.	houre 3. and 54. min.	houre 8. and 6. min.
7.	houre 3. and 59. min.	houre 8. and 1. min.
14.	houre 4. and 7. min.	houre 7. and 53. min.
21.	houre 4. and 20. min.	houre 7. and 40. min.
28.	houre 4. and 30. min.	houre 7. and 30. min.

First quarter the. 7. day, 31 min. before 1. of the clock in the morning, inclined to moyſture.

Full Moone the 13. day, 42. min. after 7. of the clock at night, apt for the ſeaſon.

Laſt quarter 21 day, 24 min. after 11 of the clocke in the forenoone, ſubject to moyſt weather,

New moone the 29. day, 8. min. after 8. of the clocke in the morning, ſultry hot weather.

Julies Abſtract.

In this moneth uſe cold hearbs, & meates, abſtaine from phyſick, and now the rivers are more wholſome then the baths, let the ſun be up before you walke abroad, in the time of any peſtilence or plague, keepe your chamber windowes ſhut opening them when the ſun hath force of ſhining, and be ſure to perfume your chambers every morning with tarre upon a chafingdiſh of coales, then which nothing is

better

better, and use Cardus Benedictus, boyled and drunke fasting.

May haveit now calles slack husbands to worke, and such as have leasure, it is good to follow for wheat, & to carry out soyle, & to gather seedes & flowers to keepe all the yeare, and to dry them in the shade, till they be almost dry and then set them a while in the sun, & in like manner you may use your hearbs.

Of August.

Day.	The sun riseth.	The sun setteth.
1.	houre 4. and 36. min.	houre 7. and 24. min.
7.	houre 4. and 48. min.	houre 7. and 12. min.
14.	houre 5. and 0. min.	houre 7. and 0. min.
21.	houre 5. and 16. min.	houre 6. and 44. min.
28.	houre 5. and 27. min.	houre 6. and 33. min.

First quarter the 5. day 43. min. after 5 of the clock in the morning, some rayny showers.

Full Moone the 12 day 36. min. after 6. of the clocke in the morning, some fall of rayne.

Last quarter the 20. day, 46. min. after 5. of the clock in the morning, fayre and pleasant weather.

New moone the 27. day, 22. min. after 6. of the clocke at night, overcasting clouds for rayne.

Augusts Abstract.

IN August, moderate dyet is good Physik, for now it is dangerous to surfit, and take heede of heates and then of colds, for nothing sooner ingendereth Plurifies, and use not to sleep much, especially in the afternoone, for making opilations and for avoiding of Agues and head-ach & Catharrs, and now let a man abstaine from physick except necessity doe compell.

NOw Lady Ceres lookes to have men enough to attend her, they that would have good seedes for their gardens the next yeere, must now gather of their owne, least in buing they loose their labour and their money, and such as desire to have lettice, or other hearbs for winter, may sow seedes in the increase of the moone.

Of September.

Day	The Sun riseth.	The Sun setteth.
1.	houre. 5. and 34. min.	houre 6. and 26. min.
7.	houre. 5. and 45. min.	houre 6. and 14. min.
14.	houre. 6. and 2. min.	houre 5. and 58. min.
21.	houre. 6. and 14. min.	houre 5. and 46. min.
28.	houre. 6. and 28. min.	houre 5. and 32. min.

First

Firſt quarter the 3. day 46. min. after 11. of the clocke in the forenoone, windy and rainie.

Full moone the 10. day 40 min. after 7. of the clocke at night, inclined to winde and moyſture.

Laſt quarter the 18. day 52. min. after 11 of the clock at night, windy and unconſtant.

New Moon the 26. day, about 4. of the clock in the mornnig, fitting the ſeaſon.

Septembers Abſtract.

In this moneth ſuch as have need, may ſafely take phyſick, alſo may bath and bleede, in this moneth all things are in their proper nature and vertue, and ſuch fruits as are ripe and not infected, are good to eate for ſuch as have good ſtomacks: Time is good to make conſerve of Barbaries, and Quinces, winter hearbs may now be ſowne, likewiſe is the time to ſet Artichokes, Roſe trees, Aple trees, Wardens, ſtrawberries, vio'ets gilliflowers; Apples are to bee gathered in the full of the moone, ſow Parſenips, and in dry weather gather your Hops; Good husbandry is ſowing Rye and Wheate, good huſwifery is making of Verjuce, and plucking of Hempe.

Of October.

Day.	*The Sun riſeth.*	*The Sun ſetteth.*
1.	houre 6. and 34. min.	houre 5. and 26. min.
7.	houre 6. and 46. min.	houre 5. and 14. min.
14.	houre 7. and 0. min.	houre 5. and 0. min.
21.	houre 7. and 15. min.	houre 4. and 45. min.
28.	houre 7. and 26. min.	houre 4. and 34. min.

Firſt quarter the 2. day about 8. of the clock at night, cloudy weather.

Full Moon the 10. day, about highnoone, anſwerable to the condition of the ſeaſon.

Laſt quarter the 18. day. 32. min. after 4. of the clocke in the afternoone, reaſonable faire.

New Moone the 25. day 52. min. after 1. of the clock in the afternoone, rainie moyſt weather.

Octobers Abſtract.

In this moneth thou mayeſt take Phyſicke and alſo bath if occaſion ſerve, uſe hot meates and drinkes, and uſe good wholſome wines to nourish good blood, and beware of taking

king colds, because the quartaine Ague will be apt to bee taken, and such other dangerous and ill diseases.

Remove young treere, as apples, peares, plumbs, quinces, roses, &c. set pease parsnips, &c. good husbands neede not be hasted to sowing of wheat, set nuts, acorns, and Filbirds, and doing of such good husbandry.

Of November.

Day.	The Sun riseth.	The Sun setteth.
1.	houre 7. and 33. min.	houre 4. and 27. min.
7.	houre 7. and 42. min.	houre 4. and 18. min.
14.	houre 7. and 52. min.	houre 4. and 8. min.
11.	houre 8. and 3. min.	houre 3. and 57. min.
18.	houre 8. and 9. min.	houre 3. and 51. min.

First quarter the first day, 51 min. after 6. of the clocke in the morning, frosty and cold.

Full moon the 9. day, 48. min. after 6. of the clock in the morning, some fall of moysture.

Last quarter the 17 day, about 7. of the in the morning, windy and unconstant.

New moon the 24 day, 49. min. before 1. of the clocke in the morning, windy weaterly.

First quarter the 30. day, 32. min. after 9. of the clocke at night, moyst and unconstant.

Novembers Abstract.

IN November finish the physick you meane to take, & so rest till March, except some great necessity doe constraine you. Use good meate, and holsome wine to nourish thy body, provide thee warme cloathing and goe dry of thy feet, or else be sure to be troubled with Rheume and Dose, besides some other inconvenience that will ensue. Beware of the Hothouse this moneth, and use Betony and Cinamon in drink.

In the new of the Moone, you may remove young trees, as in the last moneth, and set Crabtree stockes to graft on, when you please it is good time in the wane of the moone to set pease, and beanes, and if the weather be not hard, it is good sowing of Parsenips, good making of malt, and killing of Beeves or swine.

Of

A Prognostication.

Of December.

Day.	The Sun riseth.	The Sun setteth.
1.	houre 8. and 12. min.	houre 3. and 48. min.
7.	houre 8. and 14. min.	houre 3. and 46. min.
14.	houre 8. and 15. min.	houre 3. and 45. min.
21.	houre 8. and 12. min.	houre 3. and 48. min.
28.	houre 8. and 7. min.	houre 3. and 53. min.

Full Moone the 9. day 21 min. after 2. of the clock in the morning, windy and tempestuous weather.

Last quarter the 16. day about 7 of the clocke at night, frostly and cold.

New moon the 23. day, 9. min. after 11. of the clocke in the forenoone, winterly weather.

First Quarter the 30. day, about 4 of the clocke in the afternoone, answering the condition of the season.

Decembers Abstract.

IN this moneth of December, keepe thy body and head from cold, and eate such meates as be of a hot quality, abstaine from Physick, & let thy Kitchen be thy Apothecary, warme clothing thy nurse, merry company thy keeper and good hospitality thy exercise.

Remove trees and bushes, if the weather proove not too extreame, in the want of the moone, set beanes, pease, and those hearbs that cannot endure the cold, cover them with straw from the frost and sow.

Soli Sapienti Deo, Sola Gloria.

FINIS.